



We have immense pleasure in congratulating BPM Sponsored and managed athlete, Pete Jacobs, on his incredible runner up performance in the recent Ironman World Championships in Kona, Hawaii. We have worked closely with Pete for the past 3 years and have watched him progress from being a young professional athlete with great potential to one of, if not the best long course triathlete's in the world. His performance in Kona confirmed what we already knew... Pete Jacobs is a true contender for the title that every triathlete dreams of, the world champion in Kona.

In 2008 and 2009 Pete was the youngest of all top 10 athletes in Kona with his leading run split reminding the field that he would be one to watch in the future. With his sights set on a top 5 performance in 2011, we have worked with Pete throughout the year on his lead up to the event. Commencing the year with an ITU long course win in Australia followed by a 3rd place in Singapore at the Ironman 70.3 the week after, he set about targeting Ironman Australia in April. His breakthrough win in Port Macquarie also resulted in a fracture to his foot that set him back in his training for the year. However Pete showed maturity in his mindset using the situation as an opportunity to rest and focus on his swim and bike. Returning in August, admittedly "under done" on his run fitness, Pete set about defending his Philippines 70.3 title by dominating the field with his usual strong swim and new found additional bike strength and testing himself out with a steady run to retain his title. From that moment onwards, Pete commenced his preparation for his assault on Kona and the World Championships.

It took a course record from the now 3 time Ironman World Champion to beat Pete in Kona. After coming second out of the water, Pete had a strong bike leg, cycling 16 minutes faster than his 2010 bike split and getting off the bike in 11th position. In one of the hottest Kona's ever it was time to reel in those in front of him. The fastest on course through the first 5 miles running at 6 minute mile pace, it took Pete no time to move quickly up the field. It was in the second half of the marathon that he set about gaining a spot on the podium. By the famous Energy Lab Pete was in 3rd place and it was time to go after the other two fastest runners in the field, world record holder and last year's runner up Andreas Raelert and the ultimate winner, Craig Alexander. Eventually hauling in and over taking Raelert, Pete then had a tough battle on his hands as the heat and his earlier brisk pace started to catch up on him as cramping set in. The fighting spirit of Raelert had him track Pete down and it was side by side in a battle for 2nd place. With BPM friend and last year's champion, Chris Macca McCormack roadside screaming encouragement to Pete, it was time to test the talented German and with approximately 5kms to go a sustained acceleration by Pete cracked the world record and joint race favourite.

With Craig Alexander crossing the line to break the course record ahead of him, Pete savoured his final kilometre and run up to the famous finishing line adjacent to Kona Pier. 8 hours, 9 minutes and 11 seconds, the fastest run split on course and a breakthrough result at the highest level. Pete Jacobs, 2011 Ironman World Championship runner up. Everyone at BPM and our clients that have enjoyed the chance to train with Pete in recent years salute tis incredible result. As Pete would say....we're stoked!

Pete Jacobs 2011 Race stats:

Swim 51:38

T1 1:57

Bike 4:31:01

T2 2:07

Run 2:42:29

Total 8:09:11

Interesting Stats:

2nd out of the water

16 minute faster bike split than 2010

Fastest run split in 2010 and 2011

Pete is the third fastest runner of all time in Kona behind legends Mark Allen and Dave Scott

Pete has been a special guest coach at numerous BPM training camps and sessions in Australia and Asia and will be returning for more camps in 2012. Stay tuned!